Parents’ Group

A WELCOMING COMMUNITY OF CAREGIVERS FOR YOUTH WITH TYPE 1 DIABETES

2021 SCHEDULE

**January 12**
Dealing with tweens/teens with diabetes

**February 9**
Sending your child with T1D to a sleepover

**March 9**
Anxiety in kids with diabetes

**April 13**
Transition to Adulthood Part 1: How/what to discuss with your TID regarding dating, sex, drugs, & alcohol

**May 11**
Transition to Adulthood Part 2: How/what to discuss with your TID regarding refilling prescriptions, going to college, finding an adult endo, etc.

**June 8**
Parent/caregiver mental health: Dealing with stress, worry, exhaustion, etc.

**July 13**
Back-to-school tips & 504 Plans; What do you wish your child’s teacher knew about TID?

**August 10**
Including extended family or other caregivers in your child’s care

**September 14**
Sick day rules including how to manage with tweens/teens going through puberty

**October 12**
Diabetes Burnout

**November 9**
Holiday eating

**December 14**
Diabetes & the family dynamic: How it affects marriage, partnerships, relationships, & siblings

We welcome any primary caregiver of a child/teen with T1D. You do not have to be a Camp Hendon family to participate! Sessions are led by credentialed professionals.

**CAMPHENDON.ORG/PARENTS**

**THE 2ND TUESDAY OF EVERY MONTH AT 7PM VIA ZOOM**

*Format/location subject to change*