

Basic Packing List

(it's okay to be Basic – this is a judgment-free zone!)

1. Sleeping bag and/or sheets/bedding and blankets for a twin sized bed
2. Pillow and pillowcase.
3. A working flashlight with spare batteries. (headlamps are an acceptable camp fashion statement and quite handy at 2am rounds). Each 2am round kit has headlamps you can use if you don't want your own.
4. Alarm clock (you can use your phone)
5. Your cell phone. We would tell you not to use it, but the cell service is so bad you won't be able to anyways 😊
6. Cheap sunglasses
7. Refillable water bottle labeled with your name.
8. Something to store wet clothing in (i.e. garbage bag)
9. Something to place dirty clothing in that is separate from clean clothes (again, garbage bag is frequently used)
10. Towels for bathing and for the pool and washcloths, etc.
11. Necessary toiletry items in shower caddy/sack
12. Insect repellent
13. Sunscreen and hat/visor, etc.
14. If contacts or glasses are worn, consider bringing extra sets.
15. Like in Europe, fanny/waist packs are quite trendy and very handy at camp.
16. Clothing – Bring several changes of old clothing, enough for the full week session (Sat-Fri = 7 days).
 - Shorts/short sleeve shirts
 - long pants for cooler evenings
 - a light jacket or sweatshirt
 - tennis shoes (at least 2 pair) and/or hiking boots. These two pairs must have closed toes
 - rain jacket/umbrella
 - socks and underwear (when you think you have enough, add 3 more pairs)
 - swim suit(s) – a tankini or one-piece (no bikinis); swim trunks with sturdy drawstring (no speedos)
 - laundry bag
 - sleepwear
 - Shoes/flip-flops to go to the pool or shower (these are optional, but they can be open toed)
 - Attire for “messy games” that could be/will likely be permanently ruined. You have not experienced disgusting until you experience messy games. Campers love it!
17. Your medications
 - If you are presently on any medication, please bring your own prescription medications in the original containers
 - Diabetes supplies will be provided (syringes, insulin, treatments, testing, etc.) except for Insulin pump users must bring their own reservoirs and infusion sets. We recommend enough supplies for at least four changes due to heat, water, or accidental dislodging.
 - Please bring any insertion devices, special tape and/or EMLA cream needed.
 - You must submit all medications to your licensed den staff for proper storage; we cannot have un-attended medications on camp.

Extra Packing List

(some of you can't help but be extra – you know who you are)

1. Silly outfits: Entertaining outfits are great for every day (theme days and dance theme are on page 6).
2. Rainy day and downtime activities, i.e. Card games, cross-words, small easy crafts (bracelets), Bluetooth speakers for music, things you can do with campers if it rains (looking at you **Session 1!**)
3. Items if participating in the talent show with campers, i.e. back-up music, instruments, skit books, etc.
4. A book or journal or quiet games for rest time
5. Outdoor games/activities such as cornhole, sports balls, etc. labeled with your name
6. Particularly for **Session 1**, you are welcome to bring an easy-up tent/canopy and lawn chairs to set up outside your cabins for outdoor hang time.
7. Hammocks (we have some, but the more the merrier)